

# PARKERS' LIGHTHOUSE

## GLUTEN FREE DINNER MENU

Please alert your server to any food allergies

### APPETIZERS & SMALL PLATES

<b>Jumbo Shrimp Cocktail</b> .....	21
Gulf white shrimp, classic cocktail sauce	
<b>Manila Clams</b> .....Half 14 Full 21	
White wine, garlic butter, aromatic natural broth	
<b>Oysters on the Half Shell</b>	
Cocktail sauce and Mignonette	
½ Dozen .....	21
Dozen .....	39

*Ask your server about Gluten-free sushi  
and sashimi items!*

### SPECIALTIES

<b>Mesquite Grilled Salmon</b> .....	37
Garlic Roasted Fingerling Potatoes, Artichoke, Spinach, Sweet Onions, Parsley Vinaigrette	
<b>Chilean Seabass (with no miso mirin glaze) ...</b>	49
Asian Vegetables, Steamed White Rice	
<b>Peppercorn Crusted Ahi Tuna</b> .....	39
Rich Mushroom-Veal Broth, Parisienne Scooped Vegetables, Radish Sprouts, Charred Lemon	
<b>Day Boat Catch</b> .....	MP
Garlic Roasted Fingerling Potatoes, Seasonal Vegetables	

*We Also Offer the Above Seafood Selections  
Simply Prepared with Yukon Gold Mashed Potatoes,  
Steamed Asparagus, Lemon Wedge*

### SALADS

<b>Mediterranean</b> .....	15
Feta Cheese, Tomatoes, Chickpeas, Kalamata Olives, Carrots, Red Onion, Cucumber, Crisp Romaine, Red Wine Vinaigrette	
<b>Seafood Cobb</b> .....	32
Jumbo Lump Crab, Shrimp, Avocado, Bacon, Hard-Boiled Egg, Cucumber, Green Onion, Tomatoes, Romaine, Louie Dressing	
<b>Arugula &amp; Strawberry Fields</b> .....	15
Local strawberries, shaved fennel, goat cheese, toasted almonds, balsamic vinaigrette	

<b>16 oz. Bone-In Ribeye</b> .....	62
Yukon Gold Mashed Potatoes, Asparagus	
<b>7 oz. Filet Mignon</b> .....	49
Yukon Gold Mashed Potatoes, Asparagus, Béarnaise Sauce	
<b>Cajun-Spiced Roast Chicken</b> .....	32
Half Chicken, Sweet Potato Mash, Corn & Stone Fruit Slaw	

### DESSERTS

<b>Vanilla Ice Cream</b> .....	5
<b>Raspberry Sorbet</b> .....	5
<b>Crème Brulee (without cookie)</b> .....	10

### GLUTEN-FREE BEERS & CIDERS

<b>Stone Delicious IPA (gluten-reduced)</b> .....	8
<b>Rotating Draft Cider</b> .....	8.5

### SIDE DISHES

Steamed Vegetables  
Steamed White Rice  
Steamed Asparagus (additional)  
Sautéed or Steamed Spinach (additional)

Fresh Fruit  
Sweet Potato Fries  
French Fries  
Housemade Potato Chips  
Yukon Gold Mashed Potatoes