

# PARKERS' LIGHTHOUSE

## GLUTEN FREE DINNER MENU

Please alert your server to any food allergies

### APPETIZERS & SMALL PLATES

<b>Jumbo Shrimp Cocktail</b> .....	<b>23</b>
Gulf white shrimp, classic cocktail sauce	
 <b>Manila Clams</b> .....	<b>Half 17 Full 24</b>
White wine, garlic butter, aromatic natural broth	
 <b>Oysters on the Half Shell</b>	
Cocktail sauce and Mignonette	
½ Dozen .....	<b>24</b>
Dozen .....	<b>44</b>

*Ask your server about Gluten-free sushi  
and sashimi items!*

### SPECIALTIES

<b>Chilean Seabass (with no miso mirin glaze)</b> ...	<b>54</b>
Asian Vegetables, Steamed White Rice	
 <b>Seared Jumbo Scallops</b> .....	<b>48</b>
Thai Salad, Spicy Cilantro Vinaigrette, Macadamia Nuts, Crispy Lotus Root Chips, Coconut Curry Sauce	
 <b>Day Boat Catch</b> .....	<b>MP</b>
Garlic Roasted Fingerling Potatoes, Seasonal Vegetables	

*We Also Offer the Above Seafood Selections  
Simply Prepared with Whipped Potatoes,  
Steamed Asparagus, Lemon Wedge, Parsley Vinaigrette*

### SALADS

<b>Mediterranean</b> .....	<b>17</b>
Feta Cheese, Tomatoes, Chickpeas, Kalamata Olives, Carrots, Red Onion, Cucumber, Crisp Romaine, Red Wine Vinaigrette	
 <b>Seafood Cobb</b> .....	<b>34</b>
Jumbo Lump Crab, Shrimp, Avocado, Bacon, Hard-Boiled Egg, Cucumber, Green Onion, Tomatoes, Romaine, Louie Dressing	
 <b>Arugula &amp; Strawberry Fields</b> .....	<b>18</b>
Local strawberries, shaved fennel, goat cheese, toasted almonds, balsamic vinaigrette	

<b>16 oz. Bone-In Ribeye</b> .....	<b>69</b>
Yukon Gold Mashed Potatoes, Asparagus	
 <b>7 oz. Filet Mignon</b> .....	<b>54</b>
Yukon Gold Mashed Potatoes, Asparagus, Béarnaise Sauce	
 <b>Apple Brined Roasted Half Chicken</b> .....	<b>33</b>
Smoked Potato, Black Garlic Emulsion, Sunflower Lemon Aioli, Cilantro	

### DESSERTS

<b>Vanilla Ice Cream</b> .....	<b>7</b>
<b>Raspberry Sorbet</b> .....	<b>7</b>
<b>Crème Brulee</b> .....	<b>10</b>

### GLUTEN-FREE BEERS & CIDERS

<b>Stone Delicious IPA (gluten-reduced)</b> .....	<b>8.5</b>
<b>Rotating Draft Cider</b> .....	<b>10</b>

---



---

### SIDE DISHES

**Steamed Vegetables**  
**Steamed White Rice**  
**Steamed Asparagus (additional)**  
**Sauteed or Steamed Spinach (additional)**

**Fresh Fruit**  
**Whipped Potatoes**  
**Coleslaw**

---



---