

PARKERS' LIGHTHOUSE

GLUTEN FREE DINNER MENU

Please alert your server to any food allergies

APPETIZERS & SMALL PLATES

Jumbo Shrimp Cocktail	19
Gulf white shrimp, classic cocktail sauce	
Steamers	Half 13 Full 19
Pacific Coast Manila Clams, aromatic natural broth,	
Oysters on the Half Shell	
Cocktail sauce and Mignonette	
½ Dozen	16
Dozen	30
Sampler	17

Ask your server about Gluten-free sushi and sashimi items!

SALADS

Mediterranean	10
Feta Cheese, Tomatoes, Chickpeas, Kalamata Olives, Carrots, Red Onion, Crisp Romaine, Red Wine Vinaigrette	
Seafood Cobb	26
Jumbo Lump Crab, Shrimp, Avocado, Bacon, Egg, Roma Tomatoes, Crisp Romaine, Louie Dressing	
Grilled Shrimp Avocado	21
Gorgonzola, Chopped Iceberg, Cucumber, Tomato, Green Onions, Applewood Smoked Bacon, Herb Parmesan Dressing	
Poma Chicken Salad	16
Grilled Chicken Breast, Goat Cheese, Pomegranate Arils, Red Onion, Pickled Fennel, Toasted Pepitas, Baby Arugula, Mixed Greens, Pomegranate Vinaigrette	

DESSERTS

Vanilla Ice Cream	5
Raspberry Sorbet	5
Trio of Fresh Seasonal Fruit Sorbets	8

SPECIALTIES

Cedar Plank Roasted Salmon	35
Jumbo Lump Crab & Corn Salsa, Oven-Roasted Fingerling Potatoes, Beurre Blanc	
Chilean Seabass	42
Miso Mirin Glaze, Asian Vegetables, Steamed White Rice	
11 oz Lobster Tail	52
Cold Water Lobster Tail, Lemon Butter, Oven-Roasted Fingerling Potatoes, Seasonal Vegetables, Drawn Butter	
Alaskan Red King Crab 1 ¼ lbs.	75
Jumbo Legs, Oven-Roasted Fingerling Potatoes, Seasonal Vegetables	
Jumbo Seared Georges Banks Scallops	37
Edamame Corn Succotash, Smoked Bacon, Tomatoes, Lemon Buerre Blanc, Yuzu Citrus Greens	
14 oz. USDA Prime New York Strip Steak	49
Yukon Gold Mashed Potatoes, Asparagus	
16 oz. Bone-In Ribeye	51
Yukon Gold Mashed Potatoes, Asparagus	
Surf and Turf	55
7 oz Filet Mignon, Cold Water Lobster Tail, Lemon Butter Sauce, Yukon Gold Mashed Potatoes, Seasonal Vegetables	
7 oz. Filet Mignon	44
Yukon Gold Mashed Potatoes, Asparagus, Béarnaise Sauce	

MESQUITE GRILLED FRESH FISH

Simply grilled with mashed potatoes and roasted vegetables

Ahi Tuna	32
Atlantic Salmon	32
Mahi Mahi	29
Swordfish	32
Day Boat Catch	MP

GLUTEN-FREE BEERS & CIDERS

Stone Delicious IPA (gluten-reduced)	7
Rotating Draft Cider	8

SIDE DISHES

Steamed Vegetables
Steamed White Rice
French Fries

Yukon Gold Mashed Potatoes
Sautéed or Steamed Spinach
Sweet Potato Fries

Fresh Fruit
Steamed Asparagus