

PARKERS' LIGHTHOUSE

GLUTEN FREE DINNER MENU

Please alert your server to any food allergies

APPETIZERS & SMALL PLATES

Jumbo Shrimp Cocktail	19
Gulf white shrimp, classic cocktail sauce	
Steamers	Half 12 Full 19
Pacific Coast Manila Clams, aromatic natural broth,	
Oysters on the Half Shell	
Cocktail sauce and Mignonette	
½ Dozen	16
Dozen	30
Sampler	17
Iced Seafood Tower	45
Gulf Shrimp, Alaskan Red King Crab, Selected Oysters, Cocktail sauce, Mignonette	

*Ask your server about Gluten-free sushi
and sashimi items!*

SALADS

Mediterranean	10
Feta cheese, Tomatoes, Green beans, Cucumber, Crisp Romaine, Kalamata olives, Red Wine Vinaigrette	
Seafood Cobb	25
Jumbo Lump Crab, Shrimp, Avocado, Bacon, Egg, Roma Tomatoes, Crisp Romaine, Louie Dressing	
Grilled Shrimp Avocado	19
Gorgonzola, Chopped Iceberg, Cucumber, Tomato, Green Onions, Applewood Smoked Bacon, Herb Parmesan Dressing	
Alsatian Chicken	16
Grilled Chicken Breast, Gorgonzola Blue Cheese, Field Greens, Gala Apples, Candied Pecans, Apple Cider Vinaigrette	

DESSERTS

Vanilla Ice Cream	5
Raspberry Sorbet	5
Trio of Fresh Seasonal Fruit Sorbets	8

MESQUITE GRILLED FRESH FISH

Simply grilled with mashed potatoes and roasted vegetables

Ahi Tuna	32
Atlantic Salmon	30
Mahi Mahi	29
Swordfish	32
Day Boat Catch	MP

SPECIALTIES

Cedar Plank Roasted Salmon	34
Jumbo Lump Crab & Corn Salsa, Oven-Roasted Fingerling Potatoes, Beurre Blanc	
Chilean Seabass	42
Miso Mirin Glaze, Asian Vegetables, Steamed White Rice	
1 lb Lobster Tail	52
Cold Water Lobster Tail, Lemon Butter, Oven-Roasted Fingerling Potatoes, Seasonal Vegetables, Drawn Butter	
Alaskan Red King Crab 1 ½ lbs.	65
Jumbo Legs, Oven-Roasted Fingerling Potatoes, Seasonal Vegetables	
Jumbo Seared Georges Banks Scallops	37
Edamame Corn Succotash, Smoked Bacon, Tomatoes, Lemon Buerre Blanc, Yuzu Citrus Greens	
14 oz. USDA Prime New York Strip Steak	49
Yukon Gold Mashed Potatoes, Asparagus	
16 oz. Bone-In Ribeye	50
Yukon Gold Mashed Potatoes, Asparagus	
Surf and Turf	52
7 oz Filet Mignon, Cold Water Lobster Tail, Lemon Butter Sauce, Yukon Gold Mashed Potatoes, Seasonal Vegetables	
7 oz. Filet Mignon	44
Yukon Gold Mashed Potatoes, Asparagus, Béarnaise Sauce	

GLUTEN-FREE BEERS & CIDERS

Stone Delicious IPA (gluten-reduced)	7
Rotating Draft Cider	8

SIDE DISHES

Steamed Vegetables
Steamed White Rice
French Fries

Yukon Gold Mashed Potatoes
Sauteed or Steamed Spinach
Sweet Potato Fries

Fresh Fruit
Steamed Asparagus
